



## Who can benefit from routine fluoride varnish application?

- Young Children
- Adolescents
- Orthodontic patients
- Special needs children
- Public health programs



### Eastern Idaho Public Health District

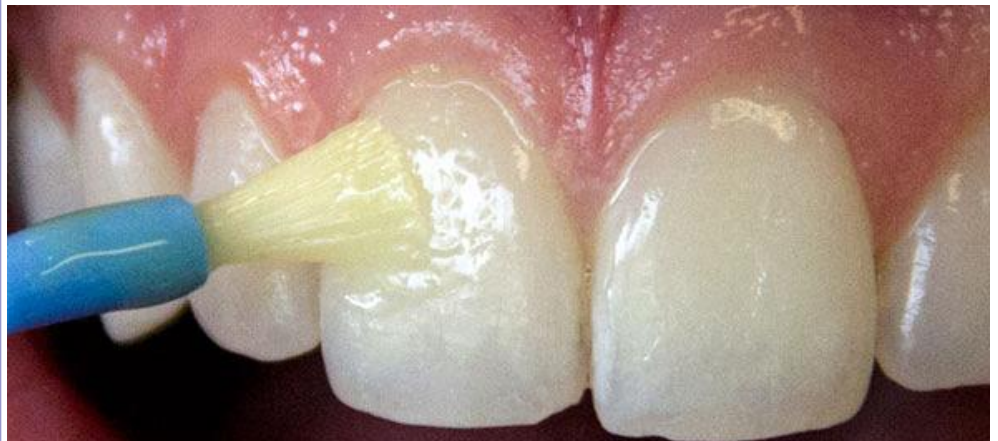
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# Fluoride Varnish



## What is Fluoride Varnish

Fluoride varnish is a topical fluoride that is professionally applied (painted on all teeth with small paintbrush) by a licensed medical or dental healthcare professional.



### Benefits of fluoride varnish:

- Prolongs surface contact of fluoride to the tooth
- Fluoride varnish applied every 3 - 6 months prevents cavities in baby and permanent teeth
- Safer for use on young children - decreases the likelihood of swallowing fluoride
- Easy topical application and sets quickly – makes it easier for young children
- Patient may eat and/or drink immediately after application

\*Information and research data taken from National Maternal and Child Oral Health Resource Center

<http://www.mchoralhealth.org/PDFs/FIVarnishfactsheet.pdf>

(picture Delta Dental of Idaho)